

平均余命：ある年齢の人があと何年生きられるかという期待値。
0才の人の平均余命が平均寿命。

資料② 厚生労働省のHPより引用

主な年齢の平均余命の年次推移

(単位：年)

年次		男						女					
西暦	和暦	0歳	20	40	65	75	90	0歳	20	40	65	75	90
*1947	年	50.06	40.89	26.88	10.16	6.09	2.56	53.96	44.87	30.39	12.22	7.03	2.45
48	23	55.6	43.6	29.1	12.0	8.0	...	59.4	47.3	32.5	14.2	9.3	...
49	24	56.2	44.3	29.2	11.7	7.6	...	59.8	47.9	32.6	14.0	8.9	...
50	25	58.0	45.3	29.4	11.5	7.6	...	61.5	48.7	32.7	13.9	9.0	...
*1950-1952		59.57	46.43	29.65	11.35	6.73	2.70	62.97	49.58	32.77	13.36	7.76	2.72
1951	*25-27	60.8	47.9	31.4	64.9	51.9	35.4
52	27	61.9	48.0	30.9	12.5	8.4	...	65.5	51.4	34.2	14.8	9.8	...
53	28	61.9	48.0	30.6	11.9	7.6	...	65.7	51.4	33.9	14.2	9.1	...
54	29	63.41	48.87	31.45	12.88	8.20	...	67.69	52.86	35.22	15.00	9.24	...
*1955	*30	63.60	48.47	30.85	11.82	6.97	2.87	67.75	52.25	34.34	14.13	8.28	3.12
56	31	63.59	48.21	30.45	11.36	6.26	...	67.54	51.92	33.85	13.54	7.61	...
57	32	63.24	47.87	30.04	11.01	6.27	...	67.60	51.48	33.39	12.93	6.90	...
58	33	64.98	49.19	31.29	12.12	7.33	...	69.61	53.48	35.23	14.71	8.93	...
59	34	65.21	49.31	31.30	11.91	6.81	...	69.88	53.45	35.08	14.37	8.28	...
*1960	*35	65.32	49.08	31.02	11.62	6.60	2.69	70.19	53.39	34.90	14.10	8.01	2.99
61	36	66.03	49.58	31.44	11.88	6.69	...	70.79	53.72	35.10	14.10	7.77	...
62	37	66.23	49.44	31.19	11.55	6.33	...	71.16	53.85	35.15	14.09	7.76	...
63	38	67.21	50.10	31.79	12.10	6.84	...	72.34	54.70	35.89	14.70	8.33	...
64	39	67.67	50.33	31.96	12.19	6.92	...	72.87	54.99	36.11	14.83	8.42	...
*1965	*40	67.74	50.18	31.73	11.88	6.63	2.56	72.92	54.85	35.91	14.56	8.11	2.96
66	41	68.35	50.78	32.33	12.42	7.11	...	73.61	55.53	36.55	15.11	8.62	...
67	42	68.91	51.06	32.56	12.50	7.11	...	74.15	55.82	36.79	15.26	8.69	...
68	43	69.05	51.17	32.61	12.48	7.03	...	74.30	55.93	36.86	15.26	8.61	...
69	44	69.18	51.24	32.71	12.53	7.11	...	74.67	56.24	37.17	15.51	8.89	...
*1970	*45	69.31	51.26	32.68	12.50	7.14	2.75	74.66	56.11	37.01	15.34	8.70	3.26
71	46	70.17	52.05	33.42	13.08	7.54	...	75.58	56.99	37.85	16.00	9.23	...
72	47	70.50	52.33	33.67	13.25	7.57	...	75.94	57.28	38.11	16.17	9.26	...
73	48	70.70	52.46	33.74	13.22	7.44	...	76.02	57.33	38.12	16.10	9.12	...
74	49	71.16	52.79	33.99	13.38	7.55	...	76.31	57.54	38.30	16.18	9.15	...
*1975	*50	71.73	53.27	34.41	13.72	7.85	3.05	76.89	58.04	38.76	16.56	9.47	3.39
76	51	72.15	53.60	34.68	13.91	7.97	...	77.35	58.43	39.11	16.80	9.63	...
77	52	72.69	54.07	35.12	14.29	8.23	...	77.95	58.99	39.63	17.24	9.99	...
78	53	72.97	54.32	35.32	14.40	8.26	...	78.33	59.32	39.95	17.48	10.17	...
79	54	73.46	54.72	35.70	14.75	8.54	...	78.89	59.83	40.42	17.92	10.51	...
*1980	*55	73.35	54.56	35.52	14.56	8.34	3.17	78.76	59.66	40.23	17.68	10.24	3.55
81	56	73.79	54.95	35.88	14.85	8.55	3.28	79.13	60.00	40.55	17.93	10.41	3.50
82	57	74.22	55.33	36.24	15.18	8.79	3.28	79.66	60.48	41.02	18.35	10.75	3.59
83	58	74.20	55.25	36.20	15.19	8.74	3.21	79.78	60.56	41.10	18.40	10.75	3.49
84	59	74.54	55.56	36.47	15.43	8.89	3.27	80.18	60.93	41.46	18.71	11.00	3.58
*1985	*60	74.78	55.74	36.63	15.52	8.93	3.28	80.48	61.20	41.72	18.94	11.19	3.82
86	61	75.23	56.15	37.02	15.86	9.24	3.38	80.93	61.62	42.13	19.29	11.45	3.78
87	62	75.61	56.50	37.35	16.12	9.43	3.51	81.39	62.05	42.54	19.67	11.77	3.92
88	63	75.54	56.40	37.24	15.95	9.26	3.31	81.30	61.96	42.44	19.54	11.62	3.82
89	平成元	75.91	56.74	37.56	16.22	9.52	3.44	81.77	62.41	42.89	19.95	12.00	4.02
*1990	*2	75.92	56.77	37.58	16.22	9.50	3.51	81.90	62.54	43.00	20.03	12.06	4.18
91	3	76.11	56.90	37.70	16.31	9.59	3.37	82.11	62.73	43.18	20.20	12.18	3.95
92	4	76.09	56.91	37.70	16.31	9.61	3.30	82.22	62.84	43.29	20.31	12.28	3.98
93	5	76.25	57.02	37.80	16.41	9.74	3.60	82.51	63.13	43.55	20.57	12.55	4.45
94	6	76.57	57.35	38.13	16.67	9.96	3.73	82.98	63.56	44.00	20.97	12.89	4.63
*1995	*7	76.38	57.16	37.96	16.48	9.81	3.58	82.85	63.46	43.91	20.94	12.88	4.64
96	8	77.01	57.71	38.48	16.94	10.25	3.83	83.59	64.13	44.55	21.53	13.40	4.95
97	9	77.19	57.86	38.62	17.02	10.29	3.81	83.82	64.36	44.79	21.75	13.58	5.03
98	10	77.16	57.85	38.66	17.13	10.43	3.86	84.01	64.56	45.01	21.96	13.79	5.15
99	11	77.10	57.74	38.56	17.02	10.28	3.76	83.99	64.50	44.94	21.89	13.71	5.05
*2000	*12	77.72	58.33	39.13	17.54	10.75	4.10	84.60	65.08	45.52	22.42	14.19	5.29
01	13	78.07	58.64	39.43	17.78	10.95	4.19	84.93	65.39	45.82	22.68	14.42	5.41
02	14	78.32	58.87	39.64	17.96	11.07	4.29	85.23	65.69	46.12	22.96	14.67	5.56
03	15	78.36	58.89	39.67	18.02	11.09	4.26	85.33	65.79	46.22	23.04	14.72	5.57
04	16	78.64	59.15	39.93	18.21	11.23	4.36	85.59	66.01	46.44	23.28	14.93	5.69
*2005	*17	78.56	59.08	39.86	18.13	11.07	4.15	85.52	65.93	46.38	23.19	14.83	5.53
06	18	79.00	59.49	40.25	18.45	11.31	4.32	85.81	66.22	46.66	23.44	15.04	5.66
07	19	79.19	59.66	40.40	18.56	11.40	4.40	85.99	66.39	46.82	23.59	15.16	5.72
08	20	79.29	59.75	40.49	18.60	11.40	4.36	86.05	66.45	46.89	23.64	15.18	5.71
09	21	79.59	60.04	40.78	18.88	11.63	4.48	86.44	66.81	47.25	23.97	15.46	5.86
*2010	*22	79.55	59.99	40.73	18.74	11.45	4.19	86.30	66.67	47.08	23.80	15.27	5.53
11	23	79.44	59.93	40.69	18.69	11.43	4.14	85.90	66.35	46.84	23.66	15.16	5.46
12	24	79.94	60.36	41.05	18.89	11.57	4.16	86.41	66.78	47.17	23.82	15.27	5.47
13	25	80.21	60.61	41.29	19.08	11.74	4.26	86.61	66.94	47.32	23.97	15.39	5.53
14	26	80.50	60.90	41.57	19.29	11.94	4.35	86.83	67.16	47.55	24.18	15.60	5.66
*2015	*27	80.75	61.13	41.77	19.41	12.03	4.27	86.99	67.31	47.67	24.24	15.64	5.56
16	28	80.98	61.34	41.96	19.55	12.14	4.28	87.14	67.46	47.82	24.38	15.76	5.62
17	29	81.09	61.45	42.05	19.57	12.18	4.25	87.26	67.57	47.90	24.43	15.79	5.61
18	30	81.25	61.61	42.20	19.70	12.29	4.33	87.32	67.63	47.97	24.50	15.86	5.66
19	令和元	81.41	61.77	42.35	19.83	12.41	4.41	87.45	67.77	48.11	24.63	15.97	5.71
2020	2	81.64	61.97	42.57	20.05	12.63	4.59	87.74	68.04	48.40	24.91	16.25	5.92

注：1) *印は完全生命表による。

2) 昭和46年(1971年)以前は、沖縄県を除く値である。

65才男性 85.05才

65才女性 89.91才